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Chronology of Mabel Heath Palmer, D.C.

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Color Code:
Red & Magenta: questionable or uncertain information
Green: for emphasis

Chronology:

1918 (Mar 16): **Fountain Head News** [A.C. 23] [7(27)] includes:

- "On Our Way to New York" by BJ Palmer (p. 4):

...Twelve years ago Mrs. **Palmer** spent a year in Chicago, alternating between 10 and 12 of the best medical universities and dissecting rooms studying the one subject she has since specialized on in teaching. Her thoroughness and masterful work is proverbial. She has never ceased to study from the day she left school. There isn't an anatomy that she doesn't know backward, even to the new and old nomenclature.

For five years Mrs. **Palmer** has been writing her book. It was not written in one day, week or year - but five years of reshaping and rewriting. On this trip to Chicago we took the drawing to have cuts made. The majority of the same will be in 3 or 4 color plates.

When it was announced in New York that such a book was in process, over 100 boys asked the privilege of having **first** copy, and would it be autographed, and could they pay extra to get that copy? When it became evident all couldn't have the first copy then they would be satisfied to have an autographed copy.

The book will be ready in about 3 months and the plans now are to print it in THE PSC with the exception of the color plates which will be printed in Chicago. The book will sell for \$10 per copy, advance sale. Every copy sold in advance will be autographed by Mrs. **Palmer**. This can be taken as an informal announcement of its publication, if you wish.

1918 (May 25): Letter from Mabel Palmer DC to Edward W. Collins, D.C. at 577 Warren St., Newark NJ (from Len Vernon; in Mabel files):

Dear Doctor Collins:

Your order for my Anatomy received and I want to thank you for it. I surely appreciate the interest you have taken in the book, and I sincerely hope it comes up to the expectation of all.

I have tried to make it a book for the Chiropractic student, and had in mind solely the student when I was writing it, and yet at the same time, I hope to make it one accessible to all. I think sometimes it is rather presumptuous on my part to attempt to write such a subject when there are so many wonderful books on the market, but I do feel we are in need of something a little different from the others and so with that idea, I have tried to forget I do not belong in the literary field, and in my own way have written the first book on Chiropractic anatomy. I again, thank you for your kind letter and will send the book to you as soon as it is off the press.

With best wishes, I am, Chiropractically yours,
 MHP-ND.

1920 (Aug 25): letter from Mabel Palmer DC to Edward W. Collins, D.C., Ph.C., 23 East Blackwell St., Dover, N.J. (from Len Vernon; in Mabel files):

Dear Doctor:

Your letter of inquiry received, but I do not quite understand what you mean by "bony spiculum," that is, of what particular bone or bones, for each bone is developed by certain centres of ossification, from which the new formation of the bone spreads.

In the long bone there is one main centre in the shaft, or diaphysis, which appears in the first half of foetal life. Other centres appear, as a rule, some time after birth in the ends of the bones and there may be several in each end. Pieces of bone, detached in early life from the main piece of bone would develop at any period of growth, but ossification begins in the centre of the cartilage shaft and proceeds gradually toward each end, so that all changes occur at one end, and these then at the same time.

After birth these changes go on at the ends of bone so long as it keeps growing, and during this period the bone is made thicker by deposits from the periosteum, forming the circumferential lamellae of bony shafts. Of course, one must not lose sight of the fact that the two methods of ossification differ, whether by membrane or by cartilage, for intramembranous development is always slower than endo chondral -

We have many specimens in the studio here that show the spiculum attached in childhood, while in the adult bones we have some still showing a piece of cartilage still holding to the main piece of bone.

I hope I have helped you a little to answer your question, but not fully understanding to just what you have reference I may not have answered satisfactorily.

With all good wishes, I am, Very truly yours,
 MHP-J

1927 (Jan): **The Hawkeye Chiropractor** [2(2)], edited by Charles E. Caster, D.C. of Burlington IA, includes:

-Mabel Heath Palmer, D.C. authors "New Years Greetings" (pp. 1, 3)

1927 (Oct): **The Hawkeye Chiropractor** [2(11)], edited by Charles E. Caster, D.C. of Burlington IA, includes:

- "Personal mention" (p. 3):

Mrs. B.J. Palmer, of Davenport, president of Quota International, leaves Wednesday for Canada where she will present the charter to the new club at Regina at a meeting there on October 1. She goes on to Winnipeg to meet with the Quota club there and to Fargo, N.D., for the Inter-cities meeting at that place on October 8th. - Davenport Democrat, 9-26-27.

1928 (May): **The Hawkeye Chiropractor** [3(6)], edited by Charles E. Caster, D.C. of Burlington IA, includes:

- "Mable honored" (p. 2):

The many friends of Dr. Mable H. Palmer of Davenport will be pleased to know that she has been appointed by Governor Hammill as state delegate to the Women's World's Fair at Chicago, May 19 to 26. One woman is chosen by the governor each year as the state representative, and those selected are considered to have received outstanding recognition.

Now that we know that one of our own rank has been accorded this high honor and the privilege to present Chiropractic to the world, this being a national project, should spur us on to giving the booth enterprise our active support and show our pride in the profession.

PHOTOGRAPH



Mabel H. Palmer, D.C.

1932: Frank W. Elliott lasted thru acquisition of WHO, fired by Mabel circa 1932 to make a job for Dave Palmer (according to Nip Quigley interview, 11/19/96)

1989 (Nov/Dec): ***Chiropractic Achievers*** [3(6)] includes:
-"First lady of chiropractic" (pp. 60-2)

References:

Palmer, Mabel H. *Stepping stones*. Davenport IA: Palmer School of Chiropractic, 1942